Your data. Your rules.

Ten minutes, done. Tick them off. Page 2 shows you how.

Lock down your accounts

- [ ] Two-step login is on for your email. Your email resets every other password, so protect it first.
- [ ] A different password for every app. A password manager makes it easy.
- [ ] Accounts set to private, in games too.
- [ ] Location off in your camera, and location sharing off or limited to people you trust.
- [ ] Removed followers and friends you don't actually know.

Don't fall for it

- [ ] "Free skins" or free game currency links: skip them. Buy only inside the game.
- [ ] "Your account will be deleted" messages: open the app yourself to check.
- [ ] Never share a code sent to your phone, with anyone.
- [ ] Using AI? Keep your real name, school, photos and personal stuff out of it, and check what it tells you.

If someone pressures you for pics or threatens to share them

It's not your fault, and you can get help. Don't pay and don't send anything. Stop replying, screenshot the messages, then block and report the account. Tell an adult you trust. Under 18? Report it to the ACCCE at accce.gov.au/report. eSafety can help get images taken down: esafety.gov.au/report.

Talk to someone: Kids Helpline 1800 55 1800, free and 24/7. More tips: esafety.gov.au/young-people

How to lock it down

Can't find a setting? Open **Settings** and type a word like "passcode", "update" or "location" into the search box at the top. Menus differ between phones and change with updates.

Two-step login, email first

Gmail: **myaccount.google.com**, then **Security**, then **2-Step Verification**. Then do your games and apps: look for **Security** or **Two-step** in each app's settings.

Password manager

Different strong password for every app, without remembering them.

iPhone
Use the built-in **Passwords** app. It suggests strong passwords when you sign up.

Android
Use **Google Password Manager**, built into Android and Chrome.

Private accounts

In each app or game: **Settings**, then **Privacy**, switch to private. Turn off being found by phone number or contacts. Exact steps for each app: esafety.gov.au/key-issues/esafety-guide.

Location off

iPhone

1. Camera: **Settings**, **Privacy & Security**, **Location Services**, **Camera**, **Never**.
2. **Find My**, **Me**: check who you share with.
3. Map features in apps: hidden or friends-only.

Android

1. Camera app, settings cog: turn off **Location tags**.
2. **Google Maps**, your picture, **Location sharing**: check who sees you.
3. Map features in apps: hidden or friends-only.

Remove followers and report

Profile, then followers or friends: remove anyone you don't know in real life. They aren't told. Getting hassled? Screenshot first (iPhone: side + volume-up; Android: power + volume-down), then tap the three dots: **Report** and **Block**.